

# Stilling the storm



The Bible

## **Dan. 10:19 O (to 1st .)**

19 ... O man greatly beloved, fear not: peace be unto thee, be strong, yea, be strong. ...

## **Ps. 46:1–3 (to 1st .)**

1 God is our refuge and strength, a very present help in trouble.  
 2 Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea;  
 3 Though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof. ...

## **Ps. 46:7 (to ;)**

7 The Lord of hosts is with us; ...

## **Zeph. 3:17 he (to 2nd ;)**

17 ... he will save, he will rejoice over thee with joy; ...

## **Ps. 78:12 (to he), 12 2nd in (to 2nd ), 13–16**

12 Marvellous things did he ...  
 12 ... in the land of Egypt, ...  
 13 He divided the sea, and caused them to pass through; and he made the waters to stand as an heap.  
 14 In the daytime also he led them with a cloud, and all the night with a light of fire.  
 15 He clave the rocks in the wilderness, and gave them drink as out of the great depths.  
 16 He brought streams also out of the rock, and caused waters to run down like rivers.

## **Ps. 78:24 (to And), 24 rained (to ,)**

24 And ...  
 24 ... rained down manna upon them to eat, ...

**Ps. 77:13 who**

13 ... who is so great a God as our God?

**John 3:16 God**

16 ... God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

**Mark 3:7 Jesus (to :)**

7 ... Jesus withdrew himself with his disciples to the sea: ...

**Mark 4:35 (to And), 35–39 when**

35 And ...

35 ... when the even was come, he saith unto them, Let us pass over unto the other side.

36 And when they had sent away the multitude, they took him even as he was in the ship. And there were also with him other little ships.

37 And there arose a great storm of wind, and the waves beat into the ship, so that it was now full.

38 And he was in the hinder part of the ship, asleep on a pillow: and they awake him, and say unto him, Master, carest thou not that we perish?

39 And he arose, and rebuked the wind, and said unto the sea, Peace, be still. And the wind ceased, and there was a great calm.

**Mark 6:1 (to he), 1 came (to ;)**

1 And he ...

1 ... came into his own country; ...

**Mark 6:34 (to 1st ), 34 saw, 35 (to 1st ), 45–51 straightway, 53, 56**

34 And Jesus, ...

34 ... saw much people, and was moved with compassion toward them, because they were as sheep not having a shepherd: and he began to teach them many things.

35 And when the day was now far spent, ...

45 ... straightway he constrained his disciples to get into the ship, and to go to the other side before unto Bethsaida, while he sent away the people.

46 And when he had sent them away, he departed into a mountain to pray.

47 And when even was come, the ship was in the midst of the sea, and he alone on the land.

48 And he saw them toiling in rowing; for the wind was contrary unto them: and about the fourth watch of the night he cometh unto them, walking upon the sea, and would have passed by them.

49 But when they saw him walking upon the sea, they supposed it had been a spirit, and cried out:

50 For they all saw him, and were troubled. And immediately he talked with them, and saith unto them, Be of good cheer: it is I; be not afraid.

- 51 And he went up unto them into the ship; and the wind ceased: and they were sore amazed in themselves beyond measure, and wondered.
- 53 And when they had passed over, they came into the land of Gennesaret, and drew to the shore.
- 56 And whithersoever he entered, into villages, or cities, or country, they laid the sick in the streets, and besought him that they might touch if it were but the border of his garment: and as many as touched him were made whole.



Science and Health with Key to the Scriptures by Mary Baker Eddy

**SH 444:10**

Step by  
step will those who trust Him find that “God is our refuge  
12 and strength, a very present help in trouble.”

Refuge and  
strength

**SH 139:4–8**

From beginning to end, the Scriptures are full of  
accounts of the triumph of Spirit, Mind, over matter.  
6 Moses proved the power of Mind by what men  
called miracles; so did Joshua, Elijah, and  
Elisha.

Marvels and  
reformations

**SH 134:26–28**

Jesus said: “I knew that Thou hearest me al-  
27 ways;” and he raised Lazarus from the dead, stilled the  
tempest, healed the sick, walked on the water.

**SH 482:20–23**

He was inseparable from  
21 Christ, the Messiah, — the divine idea of God outside  
the flesh. This enabled Jesus to demonstrate his con-  
trol over matter.

**SH 255:11–14**

Mortal man has made a covenant with his eyes to be-  
12 little Deity with human conceptions. In league  
with material sense, mortals take limited views  
of all things.

Finite views  
of Deity

**SH 445:5–8**

No  
6 hypothesis as to the existence of another power should  
interpose a doubt or fear to hinder the demonstration of

Conforming  
to explicit  
rules

Christian Science.

**SH 410:29–30**

Christian scientific practice be-  
 30 gins with Christ's keynote of harmony, "Be not afraid!"

**SH 307:31–4**

Above error's awful din, blackness, and chaos, the voice  
 of Truth still calls: "Adam, where art thou? Conscious-  
 1 ness, where art thou? Art thou dwelling in the belief  
 that mind is in matter, and that evil is mind, or art thou  
 3 in the living faith that there is and can be but  
 one God, and keeping His commandment?"

The great  
 question

**SH 419:18**

18 Think less of material conditions  
 and more of spiritual.

**SH 551:24–26 Darkness**

24 Darkness and  
 doubt encompass thought, so long as it bases creation on  
 materiality.

**SH 492:3**

3 For right reasoning there should be but one fact before  
 the thought, namely, spiritual existence. In reality there  
 is no other existence, since Life cannot be united to its  
 6 unlikeness, mortality.

**SH 469:21**

21 We bury the sense of infinitude,  
 when we admit that, although God is infinite, evil has a  
 place in this infinity, for evil can have no place, where all  
 24 space is filled with God.

**SH 545:10–11**

Man, created by God,  
 was given dominion over the whole earth.

Mental  
 tillage

**SH 316:21**

21 Christ illustrates that  
 blending with God, his divine Principle, which gives man  
 dominion over all the earth.

**SH 273:24**

24 Jesus walked on the  
waves, fed the multitude, healed the sick, and raised the  
dead in direct opposition to material laws. His acts were  
27 the demonstration of Science, overcoming the false claims  
of material sense or law.

Spiritual law  
the only law

**SH 427:23**

Immortal Mind,  
24 governing all, must be acknowledged as supreme in the  
physical realm, so-called, as well as in the spiritual.

**SH 484:11–14**

What are termed natural  
12 science and material laws are the objective  
states of mortal mind. The physical universe expresses  
the conscious and unconscious thoughts of mortals.

Mindless  
methods

**SH 452:5**

The wrong thought should be arrested before it has a  
6 chance to manifest itself.

**SH 597:27 (only, to .), 29**

27 **WIND.** ...  
Destruction; anger; mortal  
30 passions.

**SH 392:24 (only, to 2nd .)**

24 Reverse the case. Stand porter at the door of thought.

**SH 407:24–26**

24 Let the perfect model be  
present in your thoughts instead of its demoralized op-  
posite.

Immortal  
memory

**SH 597:27–29**

27 **WIND.** That which indicates the might of omnipo-  
tence and the movements of God's spiritual government,  
encompassing all things.

**SH 192:11**

Erring power is a material belief, a blind miscalled force,  
12 the offspring of will and not of wisdom, of the mortal mind  
and not of the immortal. It is the headlong

cataract, the devouring flame, the tempest's  
 15 breath. It is lightning and hurricane, all that is selfish,  
 wicked, dishonest, and impure.

Human power  
 a blind force

### SH 196:18

18 Sin makes its own  
 hell, and goodness its own heaven.

### SH 405:5-9

Christian Science commands man to master the pro-  
 6 pensities, — to hold hatred in abeyance with kindness,  
 to conquer lust with chastity, revenge with  
 charity, and to overcome deceit with hon-  
 9 esty.

Mental  
 conspirators

### SH 461:26-27

To prove scientifically the error or unreality of sin, you  
 27 must first see the claim of sin, and then destroy it.

### SH 289:9-11

9 To suppose that sin,  
 lust, hatred, envy, hypocrisy, revenge, have life  
 abiding in them, is a terrible mistake.

Wickedness  
 is not man

### SH 228:27-29 (to 2nd .)

27 The humble Nazarene overthrew  
 the supposition that sin, sickness, and death  
 have power. He proved them powerless.

Priestly pride  
 humbled

### SH 454:9

9 Human hate has no legiti-  
 mate mandate and no kingdom. Love is enthroned.  
 That evil or matter has neither intelligence nor power,  
 12 is the doctrine of absolute Christian Science, and this is  
 the great truth which strips all disguise from error.

### SH 428:22-23

The great spiritual fact must be brought out that man  
 is, not shall be, perfect and immortal.

### SH 96:15

15 The breaking up of mate-  
 rial beliefs may seem to be famine and pestilence, want  
 and woe, sin, sickness, and death, which assume new

Arena of  
 contest

18 phases until their nothingness appears. These disturbances will continue until the end of error, when all discord will be swallowed up in spiritual Truth.

**SH 29:1–5**

1 Christians must take up arms  
against error at home and abroad. They must grapple  
3 with sin in themselves and in others, and  
continue this warfare until they have finished  
their course.

Christian  
warfare

**SH 273:29–1**

Science shows that material, conflicting mortal opinions and beliefs emit the effects of error at all times, but this atmosphere of mortal mind cannot be destructive to morals and health when it is opposed promptly and persistently by Christian Science.

**SH 15:16–18, 26–27**

In the quiet  
sanctuary of earnest longings, we must  
18 deny sin and plead God's allness.

Effectual  
invocation

Self-forgetfulness,  
27 purity, and affection are constant prayers.

**SH 495:20**

Let Christian Science,  
21 instead of corporeal sense, support your understanding of  
being, and this understanding will supplant error with  
Truth, replace mortality with immortality, and silence discord with harmony.  
24

**SH 65:11**

To gain Christian Science and its  
12 harmony, life should be more metaphysically regarded.

**SH 392:21**

21 If you decide that climate or atmosphere is  
unhealthy, it will be so to you. Your decisions will master you, whichever direction they take.

**SH 393:16–18**

Be firm in your understanding that the divine Mind governs, and that in Science man reflects God's govern-

18 ment.

**SH 387:27**

27 The history of Christianity furnishes sublime proofs  
of the supporting influence and protecting power bestowed  
on man by his heavenly Father, omnipotent  
30 Mind, who gives man faith and understanding  
whereby to defend himself, not only from temptation, but  
from bodily suffering.

Christian  
history

**SH 494:15–19 Jesus**

15 Jesus  
demonstrated the inability of corporeality, as well as the  
infinite ability of Spirit, thus helping erring  
18 human sense to flee from its own convictions  
and seek safety in divine Science.

Reason  
and Science

**SH 306:25**

Undisturbed amid the jarring testimony of the  
material senses, Science, still enthroned, is unfolding  
27 to mortals the immutable, harmonious, divine Principle,  
— is unfolding Life and the universe, ever present and  
eternal.

**SH 264:28**

When we learn the way in Christian Science and rec-  
ognize man's spiritual being, we shall behold and under-  
30 stand God's creation, — all the glories of earth and heaven  
and man.



Hymns

#533 - My life flows on in endless song

#253 - O'er waiting harpstrings of the mind

#148 - In heavenly Love abiding